

INCLUSIVE COMMUNITY TRAINING



Inclusive Community Training provides the first steps to increase skills, know-how and confidence in delivering sports based activity to disabled people.

"For 2015 a new partnership was developed with Severnside Housing to complement their Learning Programme for their residents and members of the public within the local community. This partnership has enabled the project to engage with members of the community and recruit new volunteers". Shropshire Inclusion Officer and co-ordinator of the Inclusively Fit Project.

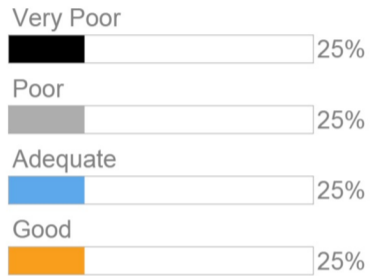


Sainsbury's



BEFORE THE TRAINING

Rate your confidence, skills and knowledge in the inclusion of disabled people in sport and physical activity



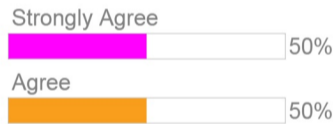
TRAINING DELIVERED

Two courses took place at Severnside Housing in 2015, attended by tenants and staff members. Further courses are planned for 2016.



FEEDBACK

100% agree or strongly agree they learnt about practical ways to support inclusive delivery



"I found The Inclusive Training Programme very beneficial with lots of simple and effective ways that can make sports activities inclusive, adaptable and comfortable for everybody to be able to join in. I will definitely be using these methods to in my coaching sessions"
Ejiro, Community Development Officer at Severnside Housing.



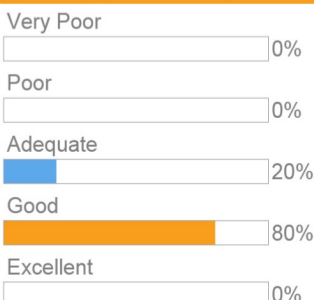
FEEDBACK

100% agree or strongly agree that the workshop was tailored to their needs, it provided opportunity to discuss topics and to learn from other participants



THE IMPACT

After taking part in the training - rate your confidence, skills and knowledge in the inclusion of disabled people in sport and physical activity



"The Inclusive Community Training Programme delivered by Energize helps our tenants by teaching them valuable skills, such as team work and a flexible way of thinking, which they can then translate to a working environment. It is also great to be able to introduce tenants to activities that they may have previously felt excluded from. Inclusivity is extremely important to Severnside Housing so it is rewarding to work with a company that has the same ethos".

Megan Ripley, Community Development and Resident Involvement Support Officer Severnside Housing



If you support disabled people within our community and would like to hear about the support available to increase their activity levels; contact Jessica Lightwood, Shropshire Inclusion Officer, jessica.lightwood@energizestw.org.uk 01743 297192