

Sainsbury's

Active Kids

For All

Inclusive Community  
Training Programme

For all ages



## Unique training opportunity

A creative, informal and informative workshop designed to improve the skills and confidence of those who can support disabled people to be more active.

### What?

Three-hour practical workshop, supported by online resources, where you will:

- Learn about practical tools to support inclusive delivery
- Explore creative ideas to support disabled people to take part in physical activity and sport
- Learn about local groups, activities and further training opportunities.

### When, where and how much?

(Date, time, venue, cost)

### Who?

For those who:

- Support disabled people of all ages within the community, and
- Have an opportunity to put the training into practice.

For example; carers, support workers, parents and volunteers. Please note that this workshop is not for qualified sports coaches

### Further information\*

(Organiser name and contact details)

\*Please note spaces are limited and are allocated on a first-come first-served basis.

inspired  
by 2012



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