# UK Deaf Sport infographic: deaf people’s participation in sport

## Deaf population in the UK

* Action on Hearing Loss reports that around 8.5 million people in England have some form of hearing loss (limiting or non-limiting)
* That’s means there are around 11 million deaf people across the UK
* 45,000 of those are deaf children
* 60% of the deaf population in the UK are aged 65 and over

## Deaf population who are physically active

According to Sport England’s Active People survey 10 (June 2016) deaf and hard of hearing people are least likely to be active.

Only 10% of people with a hearing impairment are physically active once a week.

Only 17% of people with a hearing impairment are physically active once a month.

## Deaf people’s participation in sport

The following statistics are taken from UK Deaf Sport’s national survey into deaf and hard of hearing people’s participation in sport (2015).

Top five participation sports and activities:

1. Running/jogging
2. Swimming
3. Football
4. Cycling
5. Golf

Top three reasons for being active:

1. Enjoyment
2. Keeping fit
3. Socialising

Barriers to participation:

* One in five people said that communication is the main barrier that prevents them from taking part in sport.

Preferred communications methods for people with hearing loss when taking part in sport:

* 75% said Spoken English
* 31% said British Sign Language

Future participation in sport and physical activity:

* One in three people expressed an interest in playing sport in the future
* Eight in ten people said they would rather take part in a mixed environment, with deaf and hearing people