



Inclusive Fitness
Accredited Item
2016-2018



Inclusive Fitness Equipment



32 Wornal Park

Worminghall

Bucks

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Small Equipment Pack (IFI)



- Neoprene dumbbells - 0.5kg, 1kg, 2kg, 3kg, 4kg pairs
- Soft grip dumbbells (with handstrap) - 0.5kg, 1kg pairs
- Pilates bands - Light, Medium & Heavy
- Resistance tubes - Light, Medium & Heavy
- Wrist weights - 0.5kg, 1kg pairs and Ankle weight -2kg pair
- Gym ball stabiliser
- Air disc
- Squeeze Balls (Pack of 3)
- Core/Stabiliser Tube - Light, Medium & Heavy
- Pilates Ring

Key Features

Quality Supaflex X-Tube® in a variety of levels



Durable & Versatile



Easy to use – Comfortable



Ideal for a Range of activities –
Comfortable & ergonomic Grip

