

# Sainsbury's

Active Kids

For All



Inclusive Community  
Training Programme

For all ages



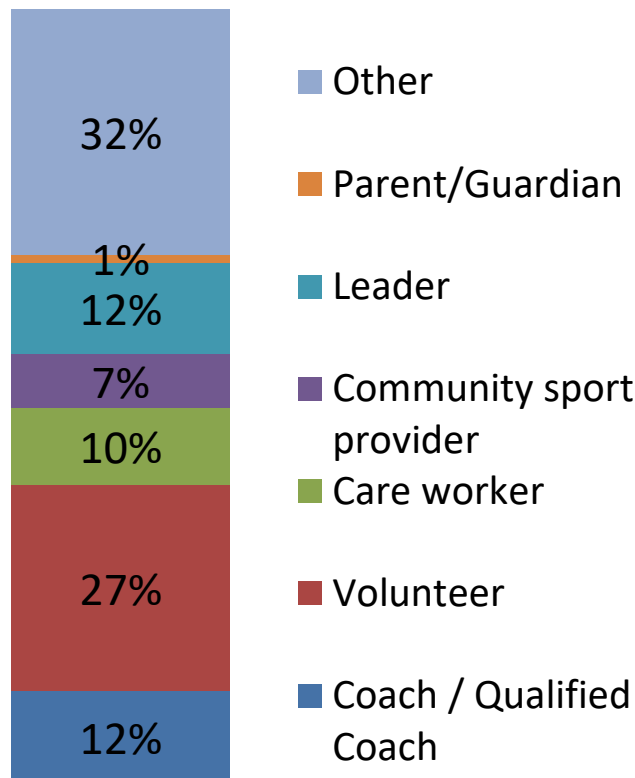
Workshop evaluations  
July – Sept 2017

inspired  
by 2012



# Demographics

## Job role



## Other:

Student	54%
Physiotherapist	13%
Teacher / trainee teacher	9%
Support worker / carer	4%
Community activity worker	4%
Youth worker	5%
College / University staff	7%
Healthcare	1%
CSP	1%
OT	2%

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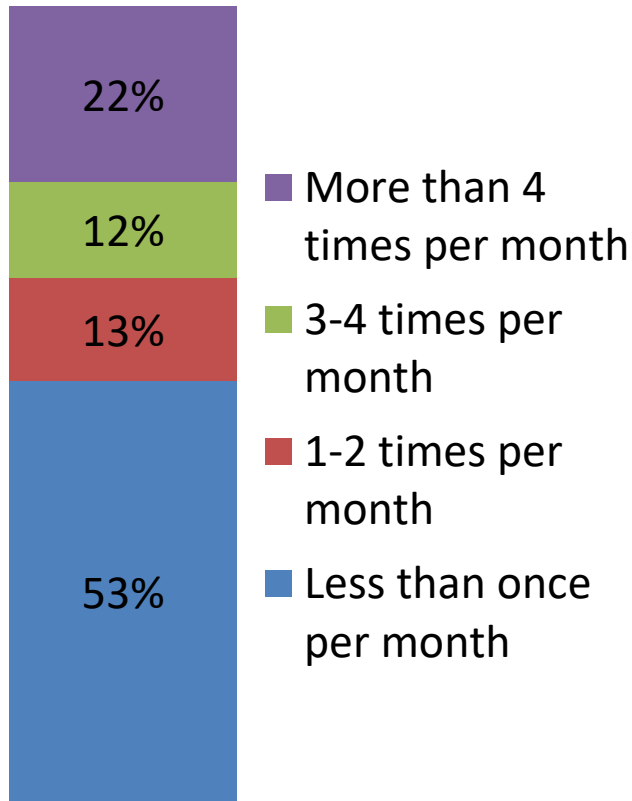


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# Demographics continued

## Frequency of provision



<b>Most common number of disabled people participants currently work with / support</b>	<b>1-5 people</b>	<b>59% of participants</b>
<b>Most common age group participants predominantly work with / support</b>	<b>0 - 13 years</b>	<b>41% of participants</b>

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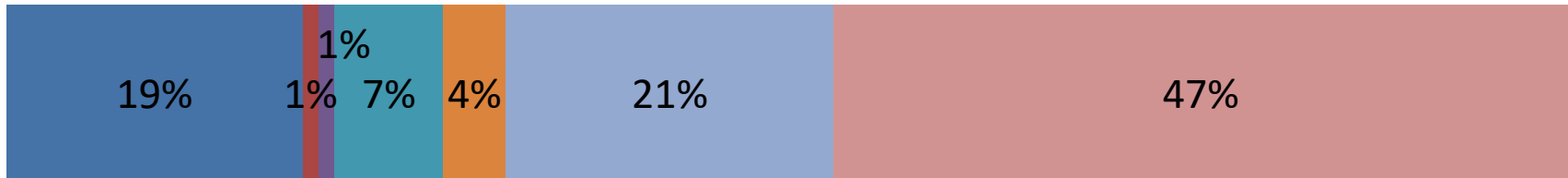


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# How participants found out about the training



- Email / Newsletter
- Leaflet
- Search engine
- Social media
- Sports club
- Website
- Word of mouth
- Other

## Other:

School / College / University	57%
Work	21%
NCS	14%
Voluntary organisation	1%
CSP	3%
APCP / Physiotherapy	1%
Prince's Trust	2%
Local Council	1%

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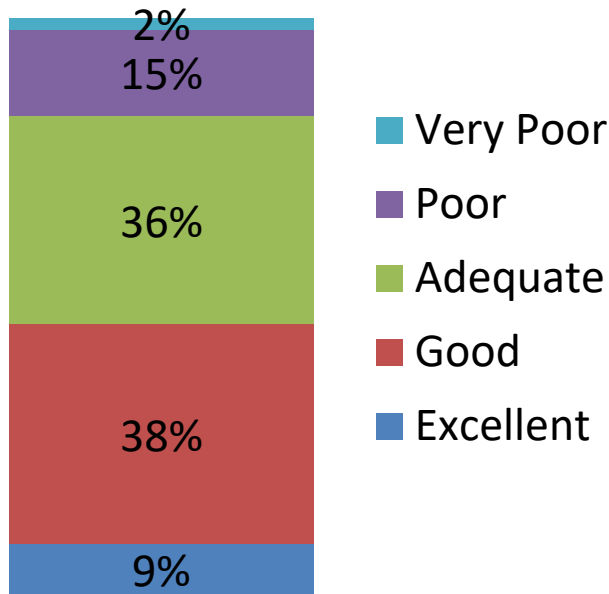
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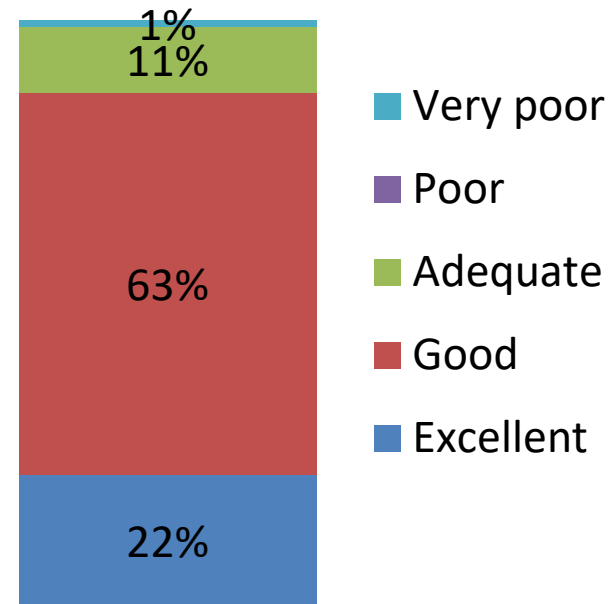


# Confidence, skills and knowledge in the inclusion of disabled people in sport and physical activity

## Prior to the workshop



## After the workshop



The number of participants who rated their confidence, skills and knowledge as good or excellent increased by 38% after the workshop

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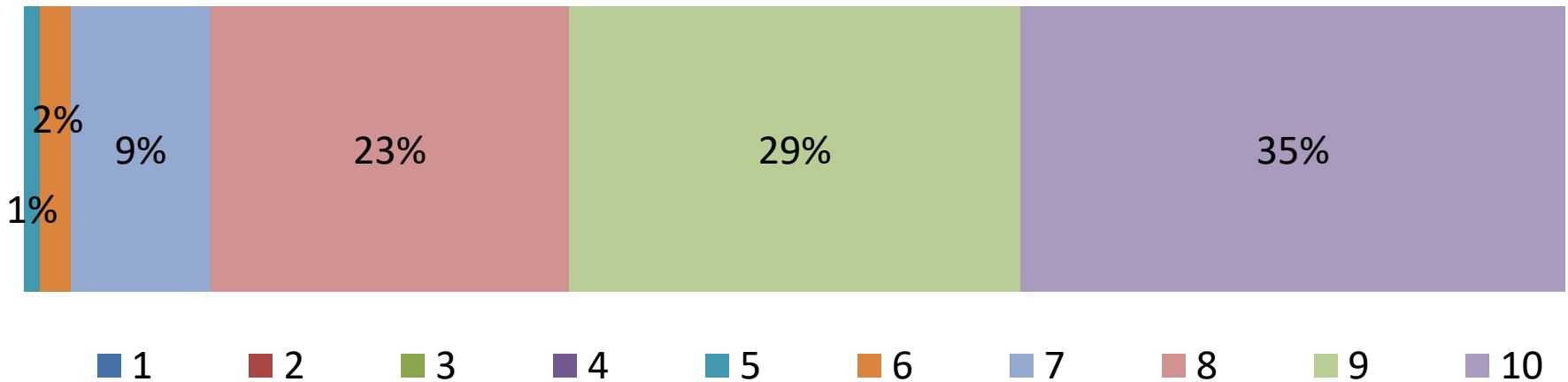
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# About the workshop continued

Overall rating of the workshop out of 10, with 1 being the lowest and 10 being the highest



87% of participants rate the workshop 8 out of 10 or higher

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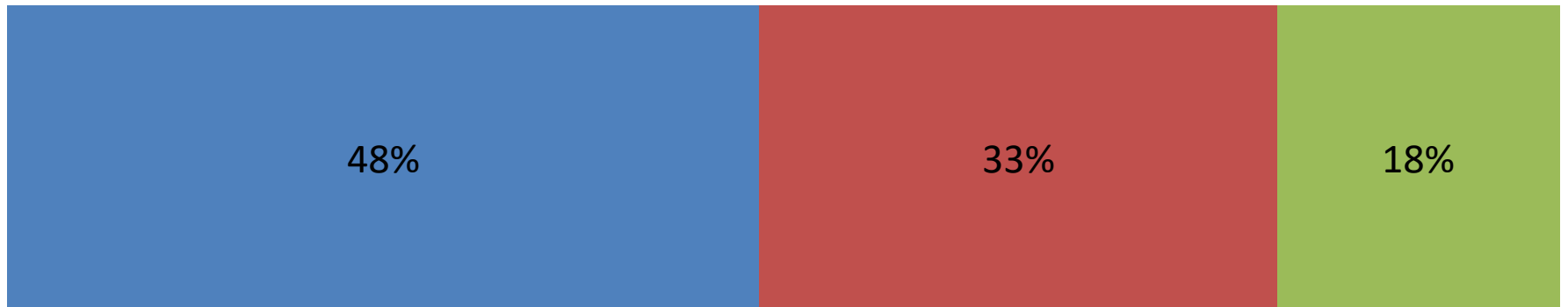
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# Logistics

It was easy to book a place on the workshop



■ Strongly Agree ■ Agree ■ Don't know ■ Disagree ■ Strongly Disagree

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81% of participants either 'strongly agree' or 'agree'

# Logistics continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
<b>The workshop was well organised</b>	<b>59%</b>	<b>39%</b>	<b>1%</b>	<b>1%</b>	<b>0%</b>

CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Active Cheshire	47%	46%	4%	3%	0%
Active Cumbria	49%	50%	0%	1%	0%
Active Devon	52%	45%	1%	2%	1%
Active Dorset	70%	30%	0%	0%	0%
Active Essex	72%	27%	0%	0%	0%
Active Gloucestershire	73%	27%	0%	0%	0%
Active Norfolk	55%	43%	1%	0%	0%
Active Surrey	43%	53%	1%	3%	0%
Active Sussex	59%	40%	1%	1%	0%
Black Country	77%	23%	0%	0%	0%
Brandon Trust	45%	55%	0%	0%	0%
Cornwall	61%	31%	7%	0%	0%
County Durham Sport	68%	32%	0%	0%	0%
CSW Sport	52%	45%	2%	1%	0%



# Logistics continued

CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Derbyshire Sport	73%	27%	0%	0%	0%
EFDS	56%	42%	1%	1%	0%
Energize STW	52%	45%	1%	2%	1%
Get Berkshire Active	70%	30%	0%	0%	0%
GreaterSport	54%	43%	1%	1%	1%
Hereford & Worcs	68%	27%	1%	3%	1%
Hertfordshire	25%	75%	0%	0%	0%
Humber Sport	76%	24%	0%	0%	0%
Interactive	50%	46%	0%	4%	0%
Kent Sport	61%	39%	0%	0%	0%
Lancashire Sport	59%	40%	0%	1%	0%
Leicestershire & Rutland	71%	29%	0%	0%	0%
Lincolnshire Sport	60%	39%	1%	0%	0%
Living Sport	76%	24%	0%	0%	0%
London Sport	53%	46%	1%	1%	0%
Merseyside Sport	69%	30%	0%	1%	0%
North Yorkshire Sport	61%	39%	0%	0%	0%

# Logistics continued

CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Northamptonshire	57%	42%	1%	1%	0%
Northumberland Sport	59%	39%	2%	0%	0%
Nottinghamshire	76%	23%	1%	0%	0%
Oxfordshire	40%	60%	0%	0%	0%
SASSOT	46%	49%	1%	2%	1%
Somerset	100%	0%	0%	0%	0%
Sport Birmingham	68%	32%	0%	0%	0%
Sport Hampshire & IOW	74%	26%	0%	0%	0%
StreetGames	75%	23%	2%	0%	0%
Suffolk Sport	56%	44%	0%	0%	0%
Team Beds & Luton	61%	35%	3%	0%	0%
Tees Valley Sport	74%	24%	1%	0%	0%
Tyne & Wear Sport	66%	34%	0%	0%	0%
Wesport	63%	37%	0%	0%	0%
West Yorkshire Sport	68%	28%	3%	0%	1%
Wiltshire & Swindon	75%	25%	0%	0%	0%
YMCA	55%	45%	0%	0%	0%

# Resources

The workbook provided will be helpful



■ Strongly agree ■ Agree ■ Don't know ■ Disagree ■ Strongly Disagree

96% of participants either 'strongly agree' or 'agree'

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# What attendees learnt

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
I learnt about practical ways to support inclusive delivery	62%	36%	1%	1%	0%

	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Care Worker	67%	33%	0%	0%	0%
Community Sport Provider	76%	23%	0%	1%	0%
Leader	64%	34%	1%	1%	0%
Parent/Guardian	57%	42%	0%	1%	0%
Qualified Coach	66%	3%	1%	0%	0%
Volunteer	57%	41%	1%	1%	0%
Other	62%	36%	1%	1%	0%

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# What attendees learnt continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
I learnt about local opportunities for myself and the people I work with / support	42%	45%	4%	8%	1%

	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Care Worker	48%	44%	2%	6%	0%
Community Sport Provider	54%	35%	2%	8%	0%
Leader	41%	47%	4%	7%	1%
Parent/Guardian	38%	43%	7%	12%	0%
Qualified Coach	46%	46%	3%	4%	1%
Volunteer	38%	48%	5%	7%	1%
Other	39%	45%	6%	8%	1%



# What attendees learnt continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
I got new ideas / strategies that I could apply immediately in my role	56%	40%	2%	2%	0%

	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Care Worker	61%	38%	1%	0%	0%
Community Sport Provider	68%	30%	0%	2%	0%
Leader	61%	38%	1%	0%	0%
Parent/Guardian	51%	45%	1%	3%	0%
Qualified Coach	60%	37%	1%	2%	0%
Volunteer	50%	45%	2%	2%	0%
Other	54%	41%	3%	2%	0%



# What attendees learnt continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
I feel ready to support disabled people to access sporting opportunities	<b>47%</b>	<b>48%</b>	<b>3%</b>	<b>2%</b>	<b>0%</b>

	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Care Worker	53%	46%	1%	0%	0%
Community Sport Provider	62%	35%	1%	1%	0%
Leader	51%	46%	1%	1%	0%
Parent/Guardian	44%	48%	3%	5%	0%
Qualified Coach	54%	44%	2%	0%	0%
Volunteer	42%	51%	3%	3%	1%
Other	42%	50%	4%	3%	0%



# What attendees learnt continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
The content of the workshop was tailored to my needs	54%	41%	2%	2%	0%

	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Care Worker	59%	39%	0%	1%	0%
Community Sport Provider	68%	29%	0%	2%	0%
Leader	54%	43%	1%	3%	0%
Parent/Guardian	50%	42%	3%	5%	0%
Qualified Coach	60%	37%	1%	3%	0%
Volunteer	50%	44%	3%	3%	0%
Other	51%	43%	3%	2%	0%

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# What attendees learnt continued

	Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
Provided information about local opportunities available	<b>39%</b>	<b>45%</b>	<b>6%</b>	<b>9%</b>	<b>1%</b>

CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Active Cheshire	34%	55%	1%	10%	0%
Active Cumbria	30%	52%	10%	7%	1%
Active Devon	47%	45%	4%	3%	1%
Active Dorset	40%	60%	0%	0%	0%
Active Essex	43%	33%	6%	16%	1%
Active Gloucestershire	50%	42%	1%	7%	1%
Active Norfolk	29%	60%	3%	8%	0%
Active Surrey	35%	55%	3%	6%	0%
Active Sussex	36%	56%	3%	4%	0%
Black Country	57%	21%	4%	18%	0%
Brandon Trust	29%	62%	1%	8%	0%
Cornwall	45%	43%	9%	2%	0%
County Durham Sport	37%	53%	3%	5%	3%
CSW Sport	33%	50%	11%	7%	0%

# What attendees learnt continued

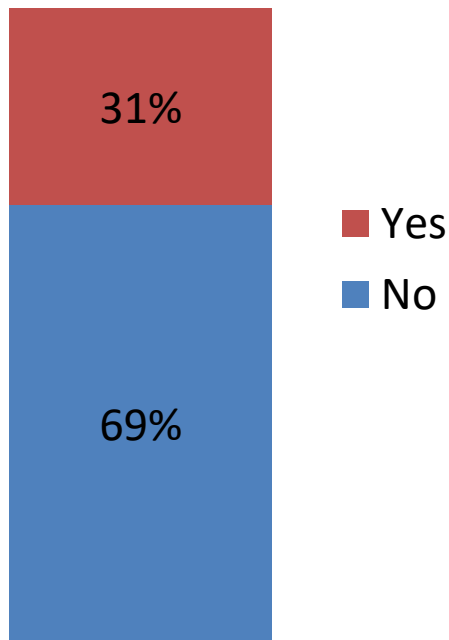
CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Derbyshire Sport	44%	46%	4%	6%	0%
EFDS	33%	44%	9%	13%	1%
Energize STW	30%	49%	6%	12%	3%
Get Berkshire Active	31%	54%	5%	9%	2%
GreaterSport	48%	40%	4%	7%	1%
Hereford & Worcs	32%	47%	6%	12%	3%
Hertfordshire	50%	25%	25%	0%	0%
Humber Sport	58%	36%	3%	3%	0%
Interactive	33%	33%	17%	12%	5%
Kent Sport	35%	51%	5%	9%	1%
Lancashire Sport	49%	45%	2%	4%	1%
LEAP	54%	32%	5%	5%	4%
Leicestershire & Rutland	40%	48%	6%	5%	2%
Lincolnshire Sport	28%	45%	10%	16%	1%
Living Sport	48%	33%	5%	14%	0%
London Sport	36%	39%	12%	13%	1%
Merseyside Sport	58%	33%	3%	6%	0%
North Yorkshire Sport	43%	50%	4%	3%	0%

# What attendees learnt continued

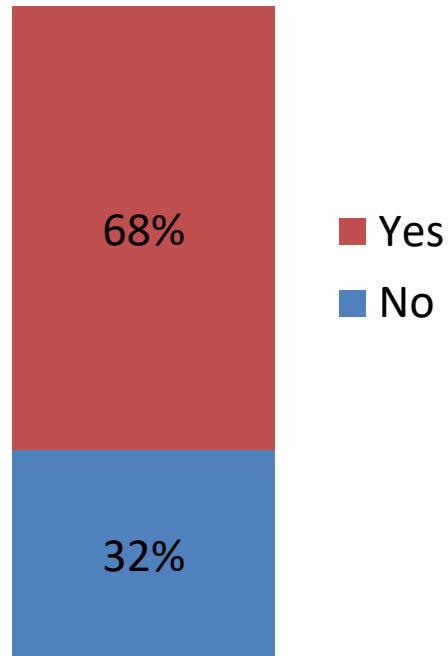
CSP	Strongly Agree	Agree	Don't know	Disagree	Strongly Disagree
Northamptonshire	42%	49%	3%	6%	1%
Northumberland Sport	53%	44%	0%	3%	0%
Nottinghamshire	54%	34%	4%	7%	0%
Oxfordshire	17%	67%	17%	0%	0%
SASSOT	38%	51%	4%	6%	2%
Somerset	67%	33%	0%	0%	0%
Sport Birmingham	39%	36%	9%	13%	3%
Sport Hampshire & IOW	37%	50%	5%	8%	0%
StreetGames	67%	15%	7%	11%	0%
Suffolk Sport	30%	69%	0%	1%	0%
Team Beds & Luton	43%	47%	6%	4%	0%
Tees Valley Sport	45%	31%	6%	19%	0%
Tyne & Wear Sport	42%	48%	3%	6%	2%
Wesport	33%	46%	8%	12%	1%
West Yorkshire Sport	45%	47%	1%	6%	1%
Wiltshire & Swindon	58%	38%	1%	3%	0%
YMCA	33%	29%	24%	10%	5%

# eLearning (November 2014 workshops onwards)

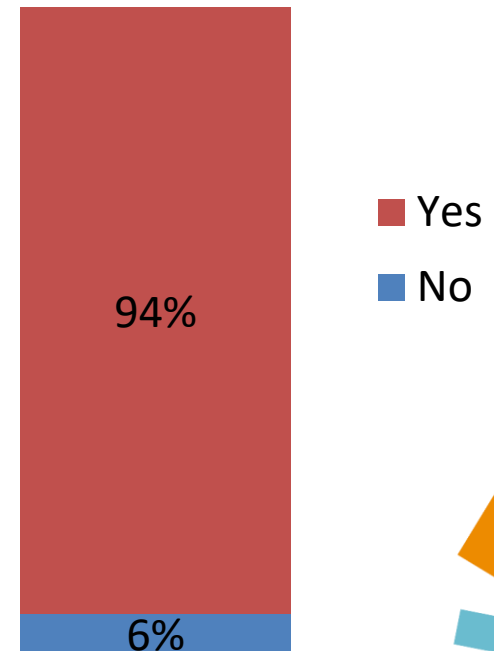
Completed the eLearning prior to attending workshop



Did not complete but intend to complete in future



Found the pre course eLearning valuable preparation for the practical workshop (of those who completed it)



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## Reasons for not completing eLearning

Did not receive link / was not aware of it	62%
Not enough time	16%
Could not access it / did not work	22%

# Role type by registered partner

CSP	Care worker	Coach	Community Sport provider	Leader	Parent / guardian	Volunteer	Other
Active Cheshire	11%	11%	12%	4%	0%	36%	26%
Active Cumbria	1%	8%	6%	10%	2%	29%	43%
Active Devon	5%	8%	8%	16%	1%	33%	29%
Active Dorset	20%	50%	0%	10%	0%	0%	20%
Active Essex	10%	18%	7%	4%	0%	29%	33%
Active Gloucestershire	17%	9%	4%	9%	0%	29%	32%
Active Norfolk	7%	21%	16%	17%	2%	14%	23%
Active Surrey	11%	4%	9%	9%	0%	30%	37%
Active Sussex	4%	18%	16%	5%	1%	30%	25%
Black Country	21%	11%	4%	14%	0%	11%	39%
Brandon Trust	94%	0%	2%	2%	1%	0%	2%
Cornwall	0%	9%	7%	44%	2%	25%	13%
County Durham Sport	17%	27%	10%	7%	0%	15%	24%
CSW Sport	8%	7%	8%	3%	0%	38%	37%
Derbyshire Sport	9%	13%	7%	21%	2%	26%	22%
EFDS	12%	6%	8%	18%	2%	22%	31%

CSP	Care worker	Coach	Community Sport provider	Leader	Parent / guardian	Volunteer	Other
Energize STW	6%	5%	7%	6%	5%	33%	39%
Get Berkshire Active	0%	12%	4%	0%	0%	69%	15%
GreaterSport	2%	15%	7%	17%	1%	27%	31%
Hereford & Worcs	9%	23%	6%	10%	1%	9%	42%
Hertfordshire	0%	25%	0%	50%	0%	25%	0%
Humber Sport	0%	25%	12%	12%	0%	32%	20%
Interactive	31%	13%	13%	4%	0%	16%	22%
Kent Sport	10%	6%	4%	21%	1%	36%	23%
Lancashire Sport	5%	14%	7%	7%	1%	15%	52%
LEAP	0%	50%	6%	24%	0%	15%	6%
Leicestershire & Rutland	11%	1%	2%	20%	1%	45%	19%
Lincolnshire Sport	7%	12%	12%	5%	0%	38%	26%
Living Sport	10%	14%	0%	10%	5%	62%	0%
London Sport	3%	7%	7%	23%	1%	33%	27%
Merseyside Sport	4%	27%	20%	12%	1%	12%	24%
North Yorkshire Sport	12%	11%	14%	6%	2%	35%	19%
Northamptonshire	23%	12%	6%	9%	2%	26%	23%
Northumberland Sport	52%	5%	10%	3%	3%	7%	20%

## Role type by registered partner continued

CSP	Care worker	Coach	Community Sport provider	Leader	Parent / guardian	Volunteer	Other
Nottinghamshire	13%	6%	7%	7%	0%	19%	49%
Oxfordshire	0%	40%	20%	0%	20%	0%	20%
SASSOT	8%	3%	1%	1%	1%	30%	56%
Somerset	0%	33%	0%	33%	0%	33%	0%
Sport Birmingham	5%	14%	11%	24%	0%	30%	16%
Sport Hampshire & IOW	0%	76%	13%	3%	2%	5%	2%
StreetGames	0%	53%	22%	0%	2%	7%	16%
Suffolk Sport	4%	8%	4%	19%	0%	25%	39%
Team Beds & Luton	14%	7%	2%	16%	1%	24%	36%
Tees Valley Sport	8%	17%	13%	6%	5%	24%	27%
Tyne & Wear Sport	26%	19%	2%	19%	1%	26%	7%
Wesport	5%	17%	7%	9%	1%	29%	32%
West Yorkshire Sport	3%	12%	9%	11%	0%	10%	55%
Wiltshire & Swindon	3%	26%	10%	5%	0%	40%	16%
YMCA	0%	39%	9%	9%	4%	30%	9%

# Quotes from participants

Delivered really well

Fun and informative workshop

Instructor was very competent and knowledgeable

Great tutor!

You need to make more programmes to continue

I absolutely loved every minute of this course. I think you should get a TV programme to raise awareness of inclusive sport. The world needs it.

I was very pleased with the course learnt so much

Thank you! It has increased my confidence and knowledge!

It would have been better if you knew which questions were incorrect

Very good, well organised course

Great course, would be good to have a full day to learn even more!

Thank you 😊

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# Questions...

- What else would you like included in this report?
- Is it useful to have this information on a quarterly basis?
- For more information about the workshop evaluations please contact the AK4A team on [AK4A@efds.co.uk](mailto:AK4A@efds.co.uk) or 01509 227751.