



**Inclusive Fitness**  
Accredited Item  
2016-2018



*Scientific Solutions For Fitness™*

# Inclusive Fitness Equipment



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## PRO1 IFI Upper Body Ergometer



### Key Features

Removable & adjustable swivel seat



Easy access seat handles



Fully adjustable crank arms



Inclusive Wheelchair Ramps



- Fully adjustable swivel seat that removes easily for wheelchair access
- Integrated wheelchair ramps for easy access
- Adjustable console height maximises variety of exercise positions.
- Adjustable arm cranks, with raised profiled markings, allow for a greater range of movement
- Tactile and colour co-ordinated console overlay facilitates program selection
- Bi-directional resistance encourages reciprocal muscle work
- Self-powered, minimum RPM start, no requirement for power lead



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## PRO2 IFI Total Body Ergometer



- Fully adjustable swivel seat that removes easily for wheelchair access
- Integrated wheelchair ramps for easy access
- Adjustable arm and foot cranks, with raised profile markings, allow for greater range of movement
- Pedals incorporate fixed heel strap and adjustable toe strap for increased foot support
- Tactile and colour co-ordinated console overlay facilitates program selection
- Bi-directional resistance encourages reciprocal muscle work.
- Self-powered, minimum RPM start, no requirement for power lead

### Key Features

Removable & adjustable  
swivel seat



Heel support &  
adjustable foot strap



Fully adjustable crank arms



Inclusive Wheelchair Ramps





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## ISO7000R IFI Recumbent Cycle



- Fully adjustable swivel seat that offers complete step through access, allowing user to walk up and sit down without lifting leg over centre console
- Pedals incorporate fixed heel strap and adjustable toe strap for increased foot support.
- Tactile and colour co-ordinated console overlay facilitates program selection
- Bi-directional resistance encourages reciprocal muscle work.
- Self-powered, minimum RPM start, no requirement for power lead

### Key Features

Removable & adjustable  
swivel seat



Easy access seat handles



Heel support and  
adjustable toe straps



Easy to use console







## StepOne IFI Recumbent Stepper



### Key Features

Removable & adjustable swivel seat



Large console display with colour-coded controls



Colour-coded knobs and adjustments for easy identification



- User defined stride length from 5cm to 29cm
- Optimized 1:1 arm to leg ratio to promote natural movement
- Low starting resistance (6 watts) with 20 levels, adjustable in 0.1 increments, providing 200 levels of resistance
- Direct wheelchair user access along with step-through seating and grab bar allow for easy on and off
- Arm length adjustments and rotating hand grips provide user comfort and custom fit
- Small footprint along with integrated transport handle and wheels allow for easy placement
- Full colour screen with easy operation displays exercise readouts beneficial for users and clinicians (ex. stride length, ascent, watts, METs)