

National Junior Athletics Championships Information and Standards



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Introduction

This booklet has been produced with the intention of enabling athletes, coaches, teachers and parents to compare EFDS Profiles and Athletics Groupings with IPC Athletics Classes, the enclosed information is a guide for EFDS Events and **IS NOT AN IPC CLASSIFICATION**.

You can find out further information on classification using the following links:

<https://www.britishathletics.org.uk/get-involved/>

British Athletics Classification will allow athletes to:

- Enter Parallel Success events across UK
- Register times on the British Rankings (www.thepowerof10.info)
- Be eligible for School Games selection
- Receive monthly Paralympic newsletter from British Athletics

For athletes interested in joining an athletics club and seeking a British Classification please contact.

E: ps@britishathletics.org.uk

Or complete the following online form. www.englandathletics.org/parallelsuccess

The document contains information regarding the events available to athletes, the specific weights for throwing implements relevant to the EFDS Field and Age Groups as well as the qualifying standards for the National Junior Athletics Championships.

Our aim is to provide as much information and support as possible so that athletes, regardless of their ability can continue to participate within the sport of athletics. We are committed to delivering multi-disability events that cater for both the needs of the disability community and the relevant NGB pathway for talented athletes.

We would like to take this opportunity to thank the individuals who have contributed to the development of this document and appreciate your continued support of EFDS.

EFDS track groupings

EFDS Profiles	EFDS Group	Brief Description of Impairment
T11- 36	T11-T13	Athlete who is totally blind.
T12 - 37A		Athlete who is partially sighted.
T13 - 37B		Athlete who is partially sighted.
T20 -39	T20	Athlete with a learning disability.
T31 -1c,5	T31	Athlete with cerebral palsy – electric wheelchair user – quadriplegic – severe involvement in all 4 limbs – slalom events.
T32- 5,8	T32	Athlete with cerebral palsy – wheelchair pusher - quadriplegic/athetoid – severe to moderate impairment of function.
T33 - (3),7	T33-T34	Athlete with cerebral palsy – wheelchair pusher – moderate quadriplegic (tetraplegic) or severe hemiplegic.
T34 – 6,8,9,10,11		Athlete with cerebral palsy – wheelchair pusher - diplegic – moderate to severe involvement.
T35 - 13,17,18,(20),(31)	T35-T36	Athlete with cerebral palsy - diplegic – runner functionally affected in both legs.
T36 - (4), 12,13,26a,(27),31		Athlete with cerebral palsy - runner – Ataxic/Athetoid – affected in all four limbs.
T37 -14,15	T37	Athlete with cerebral palsy - runner - Hemiplegic – runner functionally affected on one side.
15,(16),18,19,20,(24) 26b,27,28,32	T38	Athlete with cerebral palsy – runner -minimal impairment.
RR1-RR3	RR1	Severe involvement in the lower extremities and trunk and moderate to severe involvement in the upper extremities. Severe difficulty in isolating individual joint movement in the lower extremities. -Poor control of the stride. Foot drag, severe asymmetry, or no alternating leg movements may be seen. May have limited hand and arm function- unilateral or bilateral. May have limited trunk function Severe difficulties in co-ordination of functional RaceRunning movement and body control characterise this class.
	RR2	Moderate involvement in the upper extremities and trunk Moderate to severe involvement in the lower extremities. The stride pattern may be short, asymmetrical, or unilateral but more effective than RR1. Athletes with spasticity would have Grade 2 or 3 on the ASAS in the lower extremities, or Grade 3 in at least 1 lower extremities. Athletes in this class will have: Minimum or no foot drag. Bilateral, alternating, unilateral, and simultaneous leg push will be effective but limited by weakness, range of motion, spasticity or athetosis. Asymetry, or limited range of motion, poor co-ordination in the lower extremities, fair trunk and upper extremity control, along with limited stride effectiveness characterise this class.
	RR3	Athletes in this class will have mild to moderate involvement in one or both upper extremities, fair to good trunk control, and moderate involvement in the lower extremities, with the ability to isolate lower extremity movements. The athletes will have: Symmetrical or slight asymmetrical or leg movements with good

		<p>push off. Effective start with good acceleration No Startle reflex. Athletes with spasticity would have grade 1 or 2 on ASAS. Adequate steering and braking with the upper extremities and usually without strapping. Hip and stride contractures may limit stride length. Athletes with Athetosis may show a smoother movement pattern as their speed increases. Asymmetrical or moderate co-ordination difficulties in the lower extremities, moderate to good steering and trunk function in the RaceRunner and effective start with good acceleration characterise this class.</p>
25	T40-T41	Athlete - runner with dwarfism.
T42 -19,(27)	T42-T44	Athlete – runner has one or more impairment types affecting hip and/or knee function in one or both limbs and with activity limitations jumps and running competing without prosthesis/prostheses
T43 - 18,20		Athlete – runner has bilateral lower limb impairments competing without prostheses where both limbs meet the minimum impairment criteria, and where functional loss is in the feet, ankles and/or lower legs
T44 - 23, (28) (30)		Athlete – runner competing without a prosthesis with a unilateral or a combination of lower limb impairment/s where the impairment in only one limb meets the minimum impairment criteria. Functional loss is seen in one foot, ankle and/or lower leg
T61- 18,20	T61-T64	Athletes with double leg above the knee amputation who compete in running or jumping using prostheses
T62 -18,20		Athletes with double below the knee amputation who compete in running or jumping using prostheses
T63 - 19,(27)		Athletes with single above the knee amputation who compete in running or jumping using a prosthesis
T64 - 23, (28) (30)		Athletes with single below the knee amputation who compete in running or jumping using a prosthesis
T45 - 21, 22, 29	T45-T46	Athlete – runner with double arm amputation or physical impairment allowing similar movement
T46 -16		Athlete – runner with single arm amputation or physical impairment allowing similar movement
T47 - 24	T47	Athlete – runner with single through wrist amputation or physical impairment allowing similar movement
T51 – 1p, 2	T51-T52	Wheelchair racer with mild weakness in shoulders, limited ability in straightening elbows & wrist function. No finger, trunk or leg function.
T52 – 3,7		Wheelchair racer with good shoulder, elbow & wrist function. Limited finger movement. No leg/trunk function.
T53 - 4,6,9,31	T53-T54	Wheelchair racer with normal arm & hand function but no leg or trunk function.
T54 - 7,9		Wheelchair racer with normal arm & hand function and may have some trunk/leg function.
T15	Deaf	Athletes with a Deaf or hard of hearing.

EFDS field groupings

EFDS Profiles	EFDS Group	Brief Descriptions of Impairment
36	F11	Athlete who is totally blind.
F12 -37A	F12-F13	Athlete who is partially sighted.
F13 – 37B		Athlete who is partially sighted.
39	F20	Athlete with a learning disability.
F31 - 1c	F31-F34	Athlete with cerebral palsy – Electric wheelchair user – Quadriplegic – severe involvement in all 4 limbs.
F32 - 4,5		Athlete with cerebral palsy. Wheelchair pusher or electric wheelchair user. Quadriplegic – severe to moderate involvement in all 4 limbs.
F33 - 6,7,8		Athlete with cerebral palsy. Wheelchair pusher – Quadriplegic / Triplegic / severe hemiplegic.
F34 - 9,10,11		Athlete with cerebral palsy. Wheelchair pusher. – Diplegic – moderate to severe involvement. Good functional strength with minimal limitation or control problems noted in upper limbs.
F35 -13,17,18,20,28,31	F35-F36	Athlete with cerebral palsy – Diplegic runner functionally affected in lower half of the body.
F36-12,20,26b,31,32		Athlete with cerebral palsy - Ataxic/Athetoid
F37-14,15	F37-F38	Athlete with cerebral palsy – hemiplegic – runner functionally affected on one side
F38 - 15,20,26a,32		Athlete with cerebral palsy - Minimal impairment
F40 - 25	F40-F41	Athlete with dwarfism.
F45 a,b - 21, 22, 29, 31, 32	F45- F46	Athlete with double arm amputation or physical impairment allowing similar movement
F46 - 16, 24 31, 32		Athlete with single arm amputation or physical impairment allowing similar movement
F47 - 24	F47	Athlete with single through wrist amputation or physical impairment allowing similar movement
F51 - 1p, 2	F51-F53	Athlete with spinal cord injury. Wheelchair user, Quadriplegic – all 4 limbs affected. Usually use elbow flexors to propel the implement. Hold the club between the fingers & the discus with hand facing upwards. – C5/6 injury level.
F52 – 3		Athlete with spinal cord injury. Quadriplegic – all 4 limbs functionally affected. No leg or trunk function. Usually have difficulty gripping with non throwing arm. C7 injury level.
F53 – 6		Athlete with spinal cord injury. Quadriplegic – all 4 limbs functionally affected. Mild limitation of hand function. C8 injury level.
F54 - 7,9	F54-F56	Athlete with spinal cord injury. Wheelchair athletes with no leg or trunk function – T1-T7 injury level.
F55 - 10,11		Athlete with spinal cord injury. Wheelchair athletes with ability to rotate spine. No leg function. T8 – L1 injury level.
F56 - 11,17		Athlete with spinal cord injury. Wheelchair athletes with ability to rotate spine and move backwards & forwards. L 2-4 injury level
F57 - 11,17,18,19	F57-F58 F42-F44	Athlete with spinal cord injury. Athlete with near normal trunk function & increased leg function to F56. L5 Injury level.
F58 - 19,20,23,28,30,31, 32		Athlete with spinal cord injury. Athletes with normal arm & trunk muscle power with hip flexor, extensor & abductor activity.

F42 - 10,19,28		Athlete –has one or more impairment types affecting hip and/or knee function in one or both limbs and with activity limitations competing without prosthesis/protheses
F43-20		Athlete – runner has bilateral lower limb impairments competing without prostheses where both limbs meet the minimum impairment criteria, and where functional loss is in the feet, ankles and/or lower legs
F44-23,27,31,32		Athlete –competing without a prosthesis with a unilateral or a combination of lower limb impairment/s where the impairment in only one limb meets the minimum impairment criteria. Functional loss is seen in one foot, ankle and/or lower leg
F61- 18,20	F61-F64	Athletes with double leg above the knee amputation who compete in throws using prostheses
F62 -18,20		Athletes with double below the knee amputation who compete in throws using prostheses
F63 - 19,(27)		Athletes with single above the knee amputation who compete in throws using a prosthesis
F64 - 23, (28) (30)		Athletes with single below the knee amputation who compete in throws using a prosthesis
F15	Deaf	Athletes with a Deaf or hard of hearing.
P1/2	P 1/2	Athletes that use an electric wheelchair but are not included in the T31 class.

Events available U14, U16, U18, U20

Event	Ambulant Athletics Group	Wheelchair Athletics Group	Racerunning Athletics Group	NOTE
60m	T35/40/41	T32	RR1, RR2, RR3	T35 = Activity Alliance P12 or CP5 - Athletes who are not competing in 100m only
100m	T15/11;12/13;T20;T35/36;T37/38T40/41;T42/43/44;T45/46/47/61/62/63/64	T51-54 T31-32; T33-34	RR1, RR2, RR3	
200m	T15/11;T12/13;T20;T35/36;T37/38 - T40/41(Und 20only); T42/43/44;T45/46/47 /61/62/63/64	T51-52; T53-54 T31-32; T33-34	RR1, RR2, RR3	
400m	T15/11;T12/13;T20;T35/36;T37/38- T42/43/44;T45/46/47/61/62/63/64	T51-52; T53-54 T31-32; T33-34	RR1, RR2, RR3	
800m	T15/11;T12/13;T20;T35/36;T37/38T42/43/44;T45/46/47//61/62/63/64	T51-52; T53-54 T31-32; T33-34	RR1, RR2, RR3	
1500m	T15/11;T12/13;T20;T35/36;T37/38 T45/46/47//61/62/63/64	T51-52; T53-54 T31-32; T33-34	RR1, RR2, RR3	
Manual Slalom		T51-52; T53-54 T32; T33-34		
Power & Co-ordinated slalom		T31; P1/2		
Powerthon		T31; P1/2		
Javelin	F15/11;F12/13;F20;F35/36;F37/38 F40/41;F45/46/47	F33/34;F52/53/F54/55 /56; F57/42/43/44/ 61/62/63/64		
Shot	F15/11;F12/13;F20; F35/36;F37/38 F40/41;F45/46/47	F32/33/34;F52/53/ F54/55/56-F57/42 43/44/ 61/62/63/64		
Discus	F01/11;F12/13;F20;F35/36;F37/38 F40/41;F45/46/47	F32/33/34;F52/53/ F54/55/56-F57/42 43/44/ 61/62/63/64		
Distance Club		F31/F32;F51		
Precision Ramp Ball		F31;P1/2		
Grip Ball Throw	F35	F31;P1/2		(F35 – u12/14/16 only) Athletes who are not competing in Discus/Jav/Shot
Precision Club		F31/F32;F51;P1/2		
Precision		F31;P1/2		

Bean Bag				
Height Bean Bag		F31;P1/2		
High Jump	F15/11;F12/13;F20;F35/36;F37/38 F42/43/44;F45/46/47//61/ 62/63/64			
Long Jump	F15/11;F12/13;F20;F35/36;F37/38 F42/43/44;F45/46/47//61/ 62/63/64			

Events available U12s

There is no qualifying standard for the u12 age category.

Event	Ambulant Class (standing)	Wheelchair
Track		
60m	T15/11;12/13;T20;T35/36;T37/38 T40/41; T42/43/44;T45/46/47/61/ 62/63/64	T51-54; T31-32; T33-34
100m	T15/11;12/13;T20;T35/36;T37/38 T42/43/44;T45/46/47/61/ 62/63/64	T51-54; T31-32; T33-34
Manual W/ch Slalom		T51-54; T31-32; T33-34
Field		
Discus / Javelin / Shot	F15/11;F12/13;F20; / F35/36;F37/38 / F40/41;F45/46/47	F32/33/34; F52/53; F54/55/56; F57/42/43/44/61/62/63/64
Club / Grip Ball throw Bean Bag throw		F31;P1/2
Precision Club Precision Ramp Ball		F31;P1/2

National field weights

Shot	U20		U18		U16		U14		U12	
Class	M	F	M	F	M	F	M	F	M	F
F01 (HI)	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F11	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F12	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F13	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F20	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F32	2kg	2kg	2kg	2kg	1kg	1kg	1kg	1kg	1kg	1kg
F33	3kg	3kg	3kg	3kg	2kg	2kg	1.5kg	1.5kg	1kg	1kg
F34	4kg	3kg	4kg	3kg	3kg	2kg	1.5kg	1.5kg	1kg	1kg
F35	4kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg
F36	4kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg
F37	5kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	2kg	2kg
F38	5kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	2kg	2kg
F40	4kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	1kg	1kg
F41	4kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	1kg	1kg
F42	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	1kg	1kg
F43	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	1kg	1kg
F44	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F45	4kg	3kg	4kg	3kg	3kg	2kg	2kg	2kg	2kg	2kg
F46	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F47	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F51	NE	NE	NE	NE	NE	NE	NE	NE	NE	NE
F52	2kg	2kg	2kg	2kg	2kg	2kg	1.5kg	1.5kg	1kg	1kg
F53	3kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg	1kg	1kg
F54	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg	1kg	1kg
F55	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg	1kg	1kg
F56	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg	1.5kg	1.5kg
F57	4kg	3kg	3kg	2kg	2kg	2kg	1.5kg	1.5kg	1.5kg	1.5kg
F61	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F62	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F63	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg
F64	6kg	4kg	5kg	3kg	4kg	3kg	2kg	2kg	2kg	2kg

Discus	U20		U18		U16		U14		U12	
	M	F	M	F	M	F	M	F	M	F
F01 (HI)	1.75kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F11	1.75kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F12	1.75kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F13	1.75kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F20	1.75kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F32	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F33	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F34	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F35	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F36	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F37	1kg	1kg	1kg	1kg	750g	750g	750g	750g	750g	750g
F38	1.5kg	1kg	1.5kg	1kg	750g	750g	750g	750g	750g	750g
F40	1kg	750g	1kg	750g	1kg	750g	1kg	750g	1kg	750g
F41	1kg	750g	1kg	750g	1kg	750g	1kg	750g	1kg	750g
F42	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg	750g	750g
F43	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg	750g	750g
F44	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F45	1kg	1kg	1kg	1kg	750g	750g	750g	750g	750g	750g
F46	1.5kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F47	1.5kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
F51	1kg	1kg	750g	750g	750g	750g	NE	NE	NE	NE
F52	1kg	1kg	750g	750g	750g	750g	500g	500g	500g	500g
F53	1kg	1kg	750g	750g	750g	750g	500g	500g	500g	500g
F54	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F55	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F56	1kg	1kg	1kg	1kg	750g	750g	750g	750g	500g	500g
F57	1kg	1kg	1kg	1kg	1kg	750g	750g	750g	500g	500g
F61	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg	750g	750g
F62	1kg	1kg	1kg	1kg	750g	750g	750g	750g	750g	750g
F63	1.5kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	750g	750g
F64	1.5kg	1kg	1.5kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg

Javelin	U20		U18		U16		U14		U12	
Class	M	F	M	F	M	F	M	F	M	F
F01 (HI)	800g	600g	700g	500g	700g	500g	600g	400g	400g	400g
F11	800g	600g	700g	500g	700g	500g	600g	400g	400g	400g
F12	800g	600g	700g	500g	700g	500g	600g	400g	400g	400g
F13	800g	600g	700g	500g	700g	500g	600g	400g	400g	400g
F20	800g	600g	700g	500g	700g	500g	600g	400g	400g	400g
F32	NE	NE	NE	NE	NE	NE	NE	NE	NE	NE
F33	600g	600g	600g	500g	500g	500g	400g	400g	300g T	300g T
F34	600g	600g	600g	500g	500g	500g	400g	400g	300g T	300g T
F35	600g	600g	600g	500g	500g	500g	400g	400g	300g T	300g T
F36	600g	600g	600g	500g	500g	500g	400g	400g	300g T	300g T
F37	600g	600g	600g	500g	500g	500g	400g	400g	400g	400g
F38	800g	600g	700g	500g	600g	500g	400g	400g	400g	400g
F40	600g	400g	500g	400g	400g	400g	400g	400g	300g T	300g T
F41	600g	400g	500g	400g	400g	400g	400g	400g	300g T	300g T
F42/43	800g	600g	700g	500g	600g	400g	600g	400g	400g T	300g T
F44	800g	600g	700g	500g	600g	400g	600g	400g	600g	400g
F45	600g	600g	600g	500g	500g	400g	400g	400g	400g	400g
F46	800g	600g	700g	500g	600g	400g	600g	400g	600g	400g
F47	800g	600g	700g	500g	600g	400g	600g	400g	600g	400g
F51	NE	NE	NE	NE	NE	NE	NE	NE	NE	NE
F52	600g	600g	500g	500g	400g	400g	400g	400g	300g T	300g T
F53	600g	600g	500g	500g	400g	400g	400g	400g	300g T	300g T
F54	600g	600g	500g	500g	400g	400g	400g	400g	300g T	300g T
F55	600g	600g	500g	500g	400g	400g	400g	400g	300g T	300g T
F56	600g	600g	500g	500g	400g	400g	400g	400g	300g T	300g T
F57	600g	600g	600g	500g	500g	400g	400g	400g	300g T	300g T
F61	800g	600g	700g	500g	600g	400g	600g	400g	400g T	300g T
F62	800g	600g	700g	500g	600g	400g	600g	400g	400g T	300g T
F63	600g	600g	600g	500g	500g	400g	400g	400g	400g	400g
F64	600g	600g	600g	500g	500g	400g	400g	400g	400g	400g

The following training javelins will be used in the U12 weight category where a T is in front of the weight:
<https://www.athleticsdirect.co.uk/product/turbo-javelins/>

National standards track

There is no qualifying standard for the u12 age category.

Event		Male				Female			
Age		U14	U16	U18	U20	U14	U16	U18	U20
60m	32	44	42	37	35.5	45	43	38	37
	35	17	15	13	11	19	17	15	13
	40/41	19	17	15	15	21	19	17	16
100m	11	22	20	18	16	23	21	19	17
	01/12/13/20	20	19	16	14	22	20	18	16
	31/32/51	43	40	37	35	52	50	48	45
	33/34	36	33	30	27	40	37	35	33
	35/36	25.2	23.2	21.7	20	28.9	26.8	25	23.4
	37	22	21	19	17	26	25	23	20
	38	21	20	17	15	25	24	21	19
	52	36	33	30	27	45	43	41	39
	53/54	28	26	24	24	37	36	33	30
	40/41	31	29	26	23	33	30	27	24
	42/43/44/61/ 62/63/64	25.2	23.2	21.7	20.4	33	31	29	25
	45/46/47	24	22	20	18	22	20	18	16
200m	11	42	38	35	33	45	43	40	38
	01/12/13/20	35.4	33.2	30.8	28.9	40	38	36	35
	31/32/51	1.05	1.02	60	55	1.20	1.15	1.10	1.05
	33/34	60	54	49	45.5	1.13	1.06	1.00	55
	35/36	52	48.3	44.5	41.5	1.10	1.05	1.00	55
	37	43	41	39	37	50	47	45	40
	38	42	40	38	36	49	46	44	39
	40/41 Dwarf	N/A	N/A	N/A	42		N/A	N/A	44
	42/43/44/61/ 62/63/64	52	48	44.5	41.5	1.00	55	50	45
	45/46/47	38	35	33	30	48	45	43	40
	52	63	60	55	50	1.03	1.01	1.00	58
	53/54	48	46	44	42	1.13	1.06	1.00	55
400m	11	1.34	1.30	1.25	1.20	1.58	1.50	1.42	1.34
	01/12/13/20	1.22	1.15	1.10	1.07	1.34	1.28	1.23	1.19
	31/32/51/52	2.10	2.04	2.00	1.50	2.40	2.30	2.20	2.15
	33/34	1.56	1.46	1.38	1.30	2.30	2.25	2.20	2.15
	35/36	1.45	1.35	1.24	1.22	2.43	2.32	2.23	2.11
	37	1.26	1.23	1.20	1.18	1.48	1.40	1.34	1.28
	38	1.25	1.22	1.15	1.10	1.47	1.39	1.33	1.27
	42/43/44//61/ 62/63/64	1.38	1.35	1.24	1.22	2.08	2.00	1.55	1.50
	45/46/47	1.26	1.23	1.20	1.18	1.48	1.40	1.34	1.28
	53/54	1.25	1.20	1.15	1.10	1.40	1.35	1.30	1.25
800m	11	3.30	3.20	3.10	3.00	4.30	4.15	4.00	3.45
	01/12/13/20	3.00	2.50	2.40	2.30	3.34	3.22	3.12	3.02
	31/32/51/52	4.00	3.40	3.22	3.20	5.30	5.10	4.50	4.35

	33/34	3.40	3.20	3.02	3.00	5.10	4.50	4.30	4.15
	35/36	3.30	3.15	3.05	2.55	5.00	4.30	4.10	3.55
	37/38	3.15	3.00	2.49	2.40	4.45	4.15	3.55	3.40
	42/43/44/61/ 62/63/64	3.35	3.20	3.10	3.00	5.05	4.35	4.15	4.00
	45/46/47	3.15	3.00	2.49	2.40	3.34	3.22	3.12	3.02
	53/54	3.40	2.50	2.45	2.40	3.55	3.25	3.00	2.55
1500m	11	9.00	8.00	7.00	6.00	10.00	9.00	8.00	7.00
	01/12/13/20	6.20	5.50	5.30	5.25	7.30	7.20	6.50	6.20
	31/32/51/52	8.20	7.50	7.30	7.25	9.30	9.20	8.50	8.20
	35/36	8.00	7.30	6.50	6.30	10.00	9.10	8.30	8.05
	37/38	7.30	7.00	6.20	6.00	9.30	8.40	8.00	7.35
	45/46/47	7.30	7.00	6.20	6.00	7.30	7.20	6.50	6.20
	53/54/33/34	6.22	5.52	5.32	5.17	6.30	6.05	5.45	5.30

National standard field

There is no qualifying standard for the u12 age category.

Event		Male				Female			
	Group	U14	U16	U18	U20	U14	U16	U18	U20
Shot Put	11	4.5	5.5	6.3	6.8	3.5	3.9	4.1	4.3
	01/12/13/20	4.5	5.5	6.5	7.5	4	5	5.5	6
	32/33/34	2.92	3.3	3.6	3.9	1.5	2.2	2.5	2.7
	35/36	4	5	5.9	6.3	3	3.5	4	4.4
	37/38	4	5	6.7	7.1	3.5	4	4.5	5.5
	40/41	3	3.5	4	4.5	2	2.5	3	3.5
	42/43/44/45/46	4.6	5.4	6.6	7.2	4	4.5	4.9	5.2
	52/53	3	3.4	3.8	4.2	1.5	2.2	2.5	2.8
	54/55/56	4	4.4	4.8	5.1	2.9	3.1	3.4	3.6
	57	4.2	5	5.8	7	3	3.2	3.4	4.5
Discus	11	10	12	14	17	8	10	12	13
	01/12/13/20	14	15	17	18.5	10	12	13	15
	32/33	3	4	6	8	2	2.5	4	4.7
	35/36	7	8	9	10	5	5.5	6.7	8.5
	37/38	8	10	14	16	7	9	11	13
	40/41	6	7	10	15	5.5	6.5	8	9
	42/43/44/45/46	12	16	18	20.2	11	12	14	15.9
	51/52/53	6	7	8	9.5	4	5	5.5	6
	54-57/34	8	10	12	13.1	4.8	5.7	6.5	7.2
Javelin	11	8.5	12	15	18	6	8	10	14
	01/12/13/20	11	15	21	26	8.5	9	11	13
	33/34	5.9	6.9	7.7	8.4	4	5.2	5.9	6.4
	35/36	8	9	11	15	4	5	8	9
	37/38	7.5	11	13	15	4	5	8	9
	40/41	7	9	11	13	4	6	7	12
	42/43/44/45/46	12	14	16.5	19	7	8	10	13.1
	52/53	6	7	8	9	4	5	5.6	6.1
	54/55/56/57	7	9	10	11	5	5.8	6.55	7.15
Long Jump	11	2.7	3	3.3	3.6	2	2.2	2.4	2.6
	01/12/13/20	3.7	4	4.3	4.6	2.2	2.6	3	3.4
	35/36	2.1	2.4	2.7	2.9	1.4	1.6	1.8	2
	37/38	2.8	3.2	3.6	3.7	1.5	2	2.6	3
	42	1.9	2.2	2.5	2.8	1.8	1.9	2	2.1
	43/44/45/46/47	3	3.3	3.6	3.9	2	2.5	2.6	2.7
High Jump	35/36/37/38	1.1	1.15	1.2	1.2	0.8	0.9	1	1.04
	44/45/46/47	1.1	1.15	1.2	1.2	0.8	0.9	1	1.04
	42/43	1	1.04	1.09	1.14	0.8	0.85	0.9	0.9'5
	11	0.89	0.94	0.99	1.04	0.8	0.85	0.9	0.9'5
	01/12/13/20	1.14	1.19	1.2	1.29	1	1.05	1.1	1.15
Distance C	51/31/32	4	5	8	12	3	4	5.3	5.8

Precision C	31	20	20	20	20	20	20	20	20
	P1/2	20	20	20	20	20	20	20	20
Grip Ball Throw	31	2.25	2.75	2.75	2.75	2.25	2.25	2.25	2.25
	35	4	4	N/A	N/A	4	4	N/A	N/A
	P1/2	2.75	2.75	2.75	2.75	2.75	2.25	2.25	2.25
Precision Bean Bag	31	20	20	20	20	20	20	20	20
	P1/2	20	20	20	20	20	20	20	20
Ramp Ball	31	20	20	20	20	20	20	20	20
	P1/2	20	20	20	20	20	20	20	20
Height Bean Bag	31	2.75	2.75	2.75	2.75	2.6	2.6	2.6	2.6
	P1/2	3	3	3	3	2.9	2.9	2.9	2.9