

Inclusive Activity Programme

Evaluation brief questions received and answers given



This document covers the questions Activity Alliance have received in the response to the Inclusive Activity Programme (IAP) evaluation tender opportunity and the answers provided.

Where is IAP delivered?

IAP is funded by Sport England and therefore is available in England only.

Who are 'registered partners'?

Registered partners are organisations that are able to arrange IAP workshops. Predominantly these organisations are Active Partnerships, although there are some other national and regional organisations as well.

Who will the appointed evaluation provider be dealing with?

The evaluation provider will work directly with Activity Alliance. Any communication with UK Coaching or Sport England will be via Activity Alliance.

Can you clarify what quantitative data is being collected?

Quantitative data is collected from participants at three time points; before the workshop, immediately after the workshop and 3-6 months following the workshop.

At these intervals we collect the following information from participants:

- About them and their role
- Their experience of delivering inclusive physical activity sessions
- The confidence to deliver inclusive physical activity sessions
- Their ability to include, adapt activities and encourage active lifestyles within the sessions they deliver
- Their application of the learning from the workshop
- Their thoughts of the workshop experience.

To what extent will the appointed evaluation provider be given access to the quantitative data captured?

We can provide the appointed evaluation provider with a quarterly, anonymised excel spreadsheet of the responses for each survey.



What ongoing support is available to IAP participants?

Following the face-to-face workshop, IAP participants gain access to:

- Communities of practice: networking opportunities bringing groups of participants together (in person or online) to share ideas and effective practice
- 1 year free UK Coaching subscription: access to a range of online guidance, resources, podcasts and videos

When does Activity Alliance expect work to begin on the evaluation contract?

Activity Alliance hope to be in a position to appoint an evaluation provider and for an inception meeting to have taken place by the end of September 2019.

Following this meeting, we anticipate time being required to finalise evaluation tools, but Activity Alliance would like qualitative data collection to have started by December 2019 or January 2020 at the latest.

How many IAP workshops have been delivered?

Since September 2018, 63 Inclusive Activity Programme workshops have been delivered.

Our understanding of the IAP M&E overview is that the successful contractor will take responsibility for tiers 3 and 4 with secondary analysis of 1 and 2 – is this correct?

The qualitative evaluation will focus predominantly on tiers 3 and 4, although we would expect that some additional information in support of tiers 1 and 2 would be gained through qualitative methods.

Do the surveys have an identifier on them (e.g. ID number, dob, name etc.) to track who has completed it?

All quantitative data provided to the appointed M&E provider will be anonymous. It is not possible to compare individual responses over the three time points.

As part of the longitudinal study, will the successful contractor be introduced to a small sample of participants and the disabled people they work with?

Activity Alliance and the appointed M&E provider will work together to identify Inclusive Activity Programme workshops covering a variety of audiences and backgrounds from which contact can be made with individual participants. Activity Alliance is unlikely to have direct contact with workshop participants or end beneficiaries, this will be directed through registered partners and workshop organisers.





Do you have any information on the level and type of disabilities? In order to design an appropriate methodology.

The Inclusive Activity Programme uses a person-centered approach and therefore is accessible to all disabled people and people with long-term health conditions, regardless of impairment type. In addition, the end beneficiaries that workshop participants support will have a broad range of abilities and impairments. As a result, we expect data collection methods to be accessible and appropriate for all impairments and long-term health conditions.

What are the locations of previous workshops – how nationally representative are they?

The Inclusive Activity Programme workshops take place all across England. Specific locations will depend on the workshop organiser / organisation.

When do delegates get access to resources?

The workbook is provided to participants at the Inclusive Activity Programme workshop. All other resources are available following the workshop.

Do you have information on how many / which IAP delegates regularly deliver to disabled people? And which impairment groups / pan-disability?

We collect information from participants before, immediately after and 3-6 months following the workshop on whether they deliver physical activity sessions to disabled people and people with long-term health conditions, how often they deliver these sessions and how many disabled people and people with long-term health conditions attend. We do not collect any information on impairment type of end users.

What is UK coaching role in capturing workforce data?

UK Coaching distribute and collate the responses to the surveys. These are shared with Activity Alliance for analysis.

Surveys have captured pre and post confidence and competence but do you know if Inclusive IAP delegates have previously attended any related workshops / courses?

We do not ask this in the questionnaires and are not able to match participants with other data sources.

What has been the uptake from the three different target sectors so far?

Currently the split across the three audience types is around; 75% coaching family, 15% community activators, 7% health and care professionals (3% prefer not to say).



What data do you have on IAP delegates who have disabilities?

We collect information on whether participants have a disability or long-term health condition and the nature of their impairment.

Is the survey used with delegates available for us to view?

The pre, immediately post and 3-6 month surveys will be shared with the appointed M&E provider. Please see the earlier question for the types of quantitative data being collected.

Any further questions should be sent via email to Chloe Studley, Inclusive Activity Programmes Manager by Thursday 15 August 2019.

[Click here to email Chloe Studley](#)

