Together we will



Together We Will is a new campaign created by the National Disability Sports Organisations, Sport England and the English Federation of Disability Sport.



The campaign aims to support disabled people to be more active.



Together We Will can help support you to become healthier, stronger and have fun being active with your friends and family.



Over the next three months disabled people will talk about how they enjoy being active with friends and family.



The campaign will help you to find useful information about people and organisations that can support you to be more active.



The **National Disability Sports Organisations** will help disabled people who want to be more active.



The **National Disability Sports Organisations** are British Blind Sport,
Cerebral Palsy Sport, Dwarf Sports
Association UK, LimbPower, Mencap,
Special Olympics Great Britain, UK
Deaf Sport and WheelPower.



They provide advice, support and opportunities for people of all ages with specific impairments.



A VISIBLE DIFFERENCE THROUGH SPORT

British Blind Sport provides blind and partially sighted people with the chance to take part in sport. For more information visit

www.britishblindsport.org.uk.



Cerebral Palsy Sport supports people with cerebral palsy to take part in sport. For more information visit www.cpsport.org.



Dwarf Sports Association UK promotes and provides sporting opportunities for people with dwarfism and restricted growth. For more information visit www.dsauk.org.



LimbPower supports amputees and people with limb impairments to find the right sport for them. For more information visit

www.limbpower.com.



Mencap works with sports organisations to provide sports opportunities for people with a learning disability. For more information visit www.mencap.org.uk.



Special Olympics Great Britain provides sports for children and adults with learning disabilities all year round. For more information visit www.specialolympicsgb.org.uk.



UK Deaf Sport encourages people who are deaf and hard of hearing to take part in sport. For more information visit www.ukdeafsport.org.uk.



WheelPower supports disabled people to take part in sport and lead healthy active lives. For more information visit www.wheelpower.org.uk.



Being active can help you to be happy and healthy.



It also helps you meet people and make friends.

For more information



Web: www.efds.co.uk/together