



Inclusive Fitness
Accredited Item
2016-2018

MATRIX

Inclusive Fitness Equipment



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R1x-U Recumbent Bike

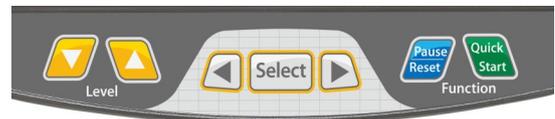


Key Features

High visibility easy adjust seat



High visibility quick start keys



Clear easy to use console

- Provides an effective cardiovascular exercise
- Step-through design ensures easy access to the machine
- Low impact exercise
- Centrally located seat adjustment handle for easy access from the left or right hand side
- Easy to use console with high visibility tactile function buttons
- Easy to adjust high visibility foot pedals with heel support
- Resistance adjustments on the handles



High visibility foot pedal straps





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U1x-U Upright Bike



Key Features

Clear easy to use console



High visibility foot pedal straps



High visibility quick start keys



Laser cut numbers on seat



- Provides an effective cardiovascular workout
- Low impact exercise
- Easy to use console with colour-coded tactile function buttons
- Wide pedals with high visibility pedal straps to prevent foot slippage
- Laser cut numbers on seat post
- High visibility tactile function buttons



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T50x-U Treadmill



Key Features

Step to aid access onto the treadmill



High visibility treadmill belt



- The Treadmill provides a very effective cardiovascular workout
- High visibility strips down the side of the running desk to provide contrast to the belt
- Emergency stop safety key
- Easy to use console with high visibility tactile function buttons
- Audio and visual feedback is provided to indicate the end of the workout
- Step provided to ensure easy access onto the product

Safety Stop Device



High visibility quick start keys





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R3x-U Recumbent Cycle



Key Features

Easy access control keys



Central seat adjustment



Clear easy to use console



High visibility foot pedals and straps

- Provides an effective cardiovascular exercise
- Step-through design ensures easy access
- Low impact exercise
- Clear and central seat adjust, tactile seat number positioning
- Clear and easy to use tactile console control keys, program indicators, numbers & icons
- Fully supportive, highly visible pedals and straps.
- Raised tactile quick / adjustment keys





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U3x-U Upright Cycle



- Provides an effective cardiovascular exercise
- Low step over design ensures easy access
- Low impact exercise
- Clear and assisted seat adjust, tactile seat number positioning
- Clear and easy to use tactile console control keys, program indicators, numbers & icons
- Fully supportive, highly visible pedals and straps.
- Raised tactile quick / adjustment keys

Key Features

Easy access control keys



Central seat adjustment



Clear easy to use console



High visibility foot pedals and straps





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H3x-U Hybrid Cycle



Key Features

Armrests for comfort and stability



Central seat adjustment



Clear easy to use console



High visibility foot pedals and straps



- Provides an effective cardiovascular exercise
- Step-through design ensures easy access
- Low impact exercise
- Clear and central seat adjust, tactile seat number positioning
- Clear and easy to use tactile console control keys, program indicators, numbers & icons
- Fully supportive, highly visible pedals and straps.
- Raised tactile quick / adjustment keys
- Pivoting armrest for posture support and maximum comfort



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U-S302 Shoulder Press



Key Features

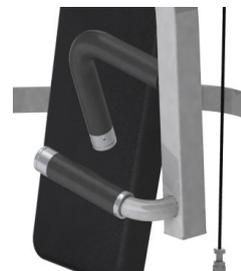
Incremental Weight System



Repositioned Weight Stack



Dual Lever Neutral Hand Grips



Removable Seat



- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pin
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- Dual level neutral hand grips for ease of reach
- Seat can be removed using only one hand to enable wheel chair access
- Repositioned weight stack for easier access



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U-S308 Seated Row



- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pin
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- Dual level neutral hand grips for ease of reach
- Seat can be removed using only one hand to enable wheel chair access
- Lower chest pad position to cater for all users including those using a wheelchair
- machine

Key Features

Incremental Weight
System



Lower Chest Pad Position



Dual Lever Neutral Hand Grips



Removable Seat





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U-S306 Lat Pulldown



Key Features

High visibility adjustments



Adjustable Bar



Adjustable Thigh Restraint



Removable Seat

- Tactile weight stack numbers
- Easy to use donut-style incremental weight stack system
- Adjustable bar height with 6 positions and which can go as low as 140mm from the ground for easy reach
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- Vertically adjusting thigh restraint to help with stability during the exercise
- Seat can be removed using only one hand to enable wheel chair access





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U-S301 Leg Curl



Key Features

Incremental Weight
System



High visibility adjustment knob



Easy to read instruction placard



Step to aid access onto machine



- A robust and easy to use lower body strength machine
- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pins
- Large text and easy to read instructions
- Low starting resistance
- High visibility adjustment knobs
- A step is provided to aid access on to the machine



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U-S307 Leg Press



- A robust and easy to use lower body strength machine
- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pin
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- Centrally positioned adjustment handle for ease of access from the left or right hand side
- A step is provided to aid access on to the machine

Key Features

Incremental Weight System



Easy Reach Release Handle



Easy to read instruction placard



Step to aid access onto machine





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U-S300 Chest Press

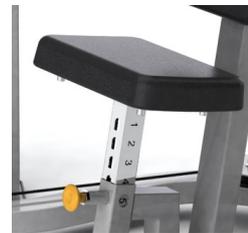


Key Features

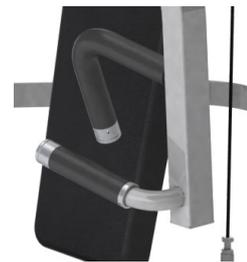
Incremental Weight System



High visibility adjustments



Dual Lever Neutral Hand Grips



Removable Seat



- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pin
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- Overhead pressing motion with three settings for ease of use
- Dual level neutral hand grips for ease of reach
- Seat can be removed using only one hand to enable wheel chair access



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U-S305 Leg Extension



- A robust and easy to use lower body strength machine
- Tactile weight stack numbers
- Easy to use incremental weight stack system with large adjustment pins
- Low starting resistance
- Large text and easy to read instructions
- High visibility adjustment knobs
- A step is provided to aid access on to the machine

Key Features

Incremental Weight System



High visibility adjustment knob



Easy to read instruction placard



Step to aid access onto machine





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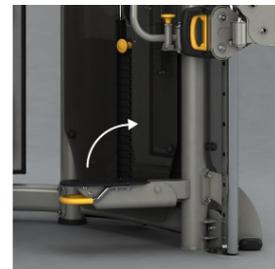
MATRIX

G3 Functional Trainer



Key Features

Easily accessible for
wheelchair users



Accessible and easily adjustable
pulley heights for ease of reach



Raised tactile weight stack numbers

- A versatile multi-station strength machine enabling users to perform a variety of exercises
- Accessible and adjustable pulley heights for ease of reach
- Accessible starting position for wheel chair users and non-wheel chair users alike
- Low pulley storage height with instructions to enable ease of reach
- Colour contrasted adjustments
- Raised tactile weight stack numbers
- Low starting weight



Colour contrasting adjustments

