



**Inclusive Fitness**  
Accredited Item  
2016-2018



# Inclusive Fitness Equipment



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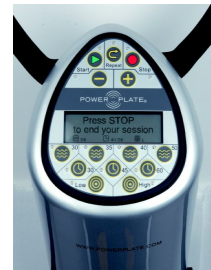
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## Power Plate pro5™ IFI

### Key Features

Large, tactile icons. Easy read display



Vibration Platform: Tri-planar vibration



Colour contrasting hand straps for performing exercises



Lower display setting for easy access



- Large, tactile console with easy to read display
- Easy access step provided to assist users onto the platform and to provide exercise variety
- Colour contrasting hand straps
- Large number of settings for greater vibration in fitness regimes
- Lower, simplified console for easy access
- Largest plate surface among the Power Plate machines, providing more surface exposure to vibrations



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POWER PLATE®

# Power Plate Pro5 AIRdaptive™ IFI

## Key Features



Tactile icons and AIRdaptive settings: 1,2,3



Vibration Platform: Tri-planar vibration



Colour contrasting hand straps for performing exercises



Lower display setting for easy access



- Large, tactile console with easy to read display
- Easy access step provided to assist users onto the platform and to provide exercise variety
- Colour contrasting hand straps
- Provides a larger number of settings for greater vibration in fitness regimes
- Lower, simplified console for easy access
- Provides largest range of settings and adapts to more users than any other machine—from heavy individuals to high intensity trainers
- This machine has a capacity to take on up to 100lbs extra load and three air settings to adjust to users' needs



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## Power Plate® pro6i™ IFI



- Offers low impact, high intensity form of training
- MDD certified and CE marked
- AIRdaptive function for optimum vibration performance for every user, whatever their body weight
- Widest range of frequency/amplitude settings, to adapt to the needs of more users
- proMOTION™ Dynamic Vibration Technology for dynamic cable resistance exercises, both on and off the platform
- High strength Vectran cables in proMOTION extend more than two metres in any direction

### Key Features

Coloured tactile icons on operating panel and AIRdaptive settings (1, 2, 3)



Supplied with step to assist user access and offer more exercise



Simplified secondary controls and timer at base of column for easy access



Colour contrast on straps and adjustment lever. Tactile icons for resistance options

