



Inclusive Fitness
Accredited Item
2016-2018



rugged. interactive

CardioWall

Inclusive Fitness Equipment

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CardioWall (IFI)

Key Features

Encourages Group and social interaction



Audio feedback and tactile inter-



Accessible to all



Improves cognitive and physical performance



- Versatile motivational exercise tool which makes exercise fun
- Audio feedback and tactile interface
- Stimulates users with almost any form of physical or cognitive disability - proven benefits for PD's, ASD spectrum, wheelchair users, VI etc
- For individual and group use, encourages social interaction.
- Builds hand strength and dexterity, develops core and improves balance
- Improves cognitive and physical performance
- deal for leisure centres, health clubs, pro sports training, disability schools/ sports, sensory rooms and care homes