

Sainsbury's

Active Kids

For All

Inclusive Community
Training Programme

For all ages



LOTTERY
FUNDED



SPORT
ENGLAND

Dear Colleagues,

Welcome to the Sainsbury's Inclusive Community Training update for **October 2017!**

Thank You...

Firstly, we would like to say a **big thank you** for your involvement in the programme over the last 4 years. Your continued support and delivery of the programme has enabled the training to have a positive impact on a wide reach of participants across the country.

Reach and impact update...

As you are all aware the **30th September 2017** marked the end of the current funding for the Sainsbury's Inclusive Community Training programme. We are now working on the final number of workshops and participants trained through the programme with UK Coaching and we will update you as soon as we have this information.

Our most recent workshop evaluation data shows:

- **83%** of participants rated the workshop 8 out of 10 or higher
- **98%** of participants strongly agreed or agreed that **they got new ideas / strategies** to apply immediately in their roles and that they **feel ready to support inclusive delivery**
- **40%** increase in participants **confidence, skills and knowledge** in the inclusion of disabled people after the workshop compared to before
- **98%** of participants **learnt about practical ways to support inclusive delivery**
- **81%** of participants strongly agreed or agreed that it was **easy to book a place** on the workshop
- The number of participants completing the eLearning prior to the workshop remains low with only **31%** completing it. However, of those who did complete it **94% found it valuable.**

Below are some quotes from participants who attended workshops:

- *"Thank you! It has increased my confidence and knowledge!"*
- *"I absolutely loved every minute of this course."*
- *"Great course, would be good to have a full day to learn even more!"*
- *"Fantastic session and thought provoking. Really enjoyed learning different ways to adapt activities. Thank you."*
- *"A very well presented training session, lots of creative ideas to use."*

You can read the latest full data report [here](#).

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Reminder...

As Year 4 delivery has come to an end here is a reminder of what we need from you to secure your payment from your delivery:

- **Case studies** - We need to receive one case study per registered partner about an individual who has attended a Sainsbury's Inclusive Community Training workshop during Year 4 delivery. This case study should highlight the impact the training has had on the individual. On the [programme partner page](#) there are case study templates and a number of existing case studies to act as guidance. These templates have been designed to act as a guide for how you might form your case study and we **encourage you to be inventive and creative** and use other ways to collate the information **e.g. sound bites, video clips or a series of captioned photos.**
- **Management accounts** –We need to receive management accounts covering each workshop you have delivered. The management accounts will need to show how any fee you have collected from workshop participants (up to the maximum of £10 per person) has been reinvested into the programme / used to cover costs. The Management Account template is on the [programme partner page](#).
- **Workshop payment** - Once you have sent us your case study and management accounts, in line with previous years, you will be able to invoice EFDS for £100 for every workshop you delivered to 15 or more attendees during year 4. This figure is calculated based on the total number of people you trained over the programme year divided by the total number of workshops ran to enable some flexibility within individual workshop numbers. If you have any further questions around this please get in touch.

➤ **Please ensure you submit your management accounts and case study to ak4a@efds.co.uk by the 24th November 2017 to ensure you receive your payment for year 4 delivery.**

Moving forward...

We are in conversations with Sport England regarding the future of the Inclusive Community Training and will let you know as soon as we know more.

In the meantime, we are able to deliver Inclusive Community Training workshops through UK Coaching at cost. The cost for an Inclusive Community Training workshop is £350.

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Register of interest...

We have added a [register of interest](#) onto the EFDS [website](#) and we are signposting any individuals interested in attending or hosting an Inclusive Community Training workshop to add their details here. As soon as we know more from our conversations with Sport England, these individuals will be the first people we contact. If you have any enquiries from individuals or groups, please direct them to this page and encourage them to register their interest in the training so we can contact them in relation to any opportunities in the future.

We are currently exploring options around the next steps and encouraging CSP's to send across any thoughts or ideas on how to improve the programme moving forward.

If you have any questions, effective practice examples or would like to contribute to this update, please let us know: AK4A@efds.co.uk or 01509 227751

Best Wishes
The AK4A Team

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