



**Inclusive Fitness**  
Accredited Item  
2016-2018

**LIMITLESS<sup>®</sup>**  
GYM EQUIPMENT

# Inclusive Fitness Equipment



## **Limitless Gym Equipment**

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## Limitless Free Trainer

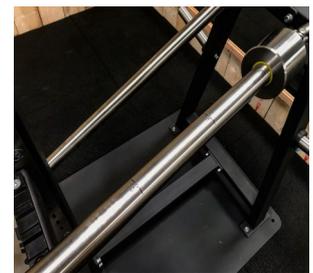


### Key Features

Bespoke coloured handles to easily distinguish from the floor and each other



Sliding mass arms with increment engraving instead of plate horns to add resistance to exercise with ease. Each arm has a start weight of 6kg.



### The most versatile multi functional training system in the world

- With an almost limitless list of exercises covering all muscle groups, the LFT can be enjoyed by both disabled and non-disabled users.
- Great for functional, strength and cardiovascular workouts.
- 4 piece lockable impact structure for exercise selection.
- Tri-Grip™ system. The handles spin which alleviates pressure from joints and allows a fluid movement.
- Easy to access with adjustable arms which have a 360 degree range of motion and also act as stability aids.
- Capable of incorporating battle ropes, resistance bands, stability balls and suspension training rigs.
- Small footprint of only 150cm x 220cm.

Plate loaded free weight version

