

**activity  
alliance**

disability  
inclusion  
sport

# Activity Alliance membership



# How to use this easy read document



In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are blue and underlined. These are links which will go to another website which has more information.

# Introduction



Activity Alliance works to support disabled people to take part in **physical activity**.

**Physical activity** is movement and exercise that keeps your body and mind fit and healthy.



Our members are organisations, groups and people who are interested in sport, activity and disability.



We are looking for more members to join us.



This information will tell you about being a member and how to become one.

# Members



Our members are an important part of our organisation.

They help us to:

- provide more opportunities for disabled people to be active
- change attitudes towards disabled people in sport and activity.



We want more people and organisations to become members.



With our members' support we can:

- make things fairer for everyone
- support disabled people to be active however and wherever they want to be.



# What members get



Members get many things, including:

- cheaper training
- the chance to talk to other members
- chances to learn.



It is free to become a member.



We will help you to be a good member by giving you guidance and advice.



All members get our monthly newsletter and can use our member logo.



# Types of membership

There are 4 types of membership which will suit different types of organisations.



We also welcome individual people as members.



- Full membership:  
This is for national organisations that focus on sport or physical activity for disabled people.



- Associate membership:  
This is for national organisations that focus on sport or physical activity, or on disabled people.



- Local membership:

This is for local and regional organisations that focus on sport or physical activity for disabled people.



- Individual membership:

This is for individual people who want to be part of things and support us through their work or fundraising.

# For more information



Find out all about our membership and how to apply on our website:

[www.activityalliance.org.uk](http://www.activityalliance.org.uk)



You can also email:

[membership@activityalliance.org.uk](mailto:membership@activityalliance.org.uk)



or telephone: 01509 227750



Facebook: [ActivityAlliance](https://www.facebook.com/ActivityAlliance)



Twitter: [@AllForActivity](https://twitter.com/AllForActivity)

Registered Charity Number: **1075180**  
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