



Easy  
Read

**activity  
alliance**

disability  
inclusion  
sport

# Activity Alliance Annual Trustees' Report

2023 to 2024

A large clipboard with a silver clip at the top. The clip has 'D1C' embossed on it. The paper on the clipboard has the word 'Report' in bold black text, followed by ten horizontal black lines for text.

**Report**



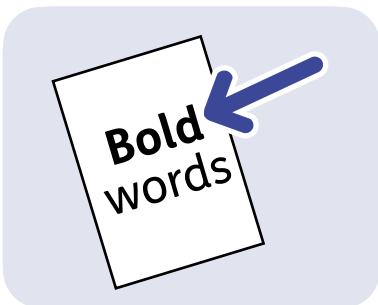
# Easy Read



This is an Easy Read version of some hard information. It may not include all of the information but will tell you about the important parts.



This Easy Read information uses easier words and pictures. You may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker.



These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.



Blue and underlined words show links to websites and email addresses. You can click on these links on a computer.

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# About this report

**activity  
alliance**  
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This is **Activity Alliance's** report about what we achieved from 2023 to 2024.

**Activity Alliance** is a charity that helps disabled people take part in sports and activities.

This year we have worked on our two main goals:



1. Changing how people think about disabled people.



2. Making sure all organisations include disabled people.



We will tell you about some of the things we have worked on this year.

# What we have done this year



This year we have:

- Celebrated our 25th year as a charity.



- Worked with more than 300 other organisations in the country to make a difference and include everyone.



- Talked to more disabled people to learn from their experiences.



- Had almost 2,000 disabled people and non-disabled people take part in our fourth Annual Disability and Activity **Survey**.

A **survey** is a set of questions for you to answer.



This year we have also:

- Looked at 5,000 different pieces of information online to help us understand and learn more.



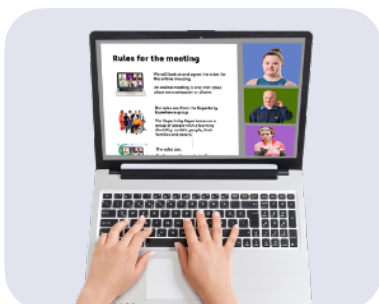
- Been in the news, which helped people learn more about us.



- Had 116 events and workshops take place in person.



- Had 1,100 people take part in events and workshops online.



- Had more than 1,200 people take part in our online learning.





This year we have also:

- Helped people to feel more confident about doing things by running our events and online learning.

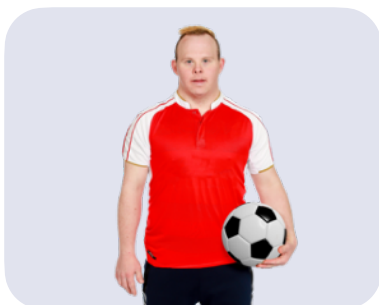


- Held 2 big sports events in Coventry where 110 disabled swimmers and 140 athletes took part.

We set up a programme called **Get Out Get Active (GOGA)**. People told us that GOGA helped them to:



- Feel connected to their community.



- Take part in exercise and activities.



- Improve people's wellbeing and local areas.

# Looking after our wellbeing



**Wellbeing** means feeling happy and healthy in your body and mind.



We focus on being a positive workspace to get the best out of our staff.



We wanted to make sure our staff were happy and doing well at work.



We spoke to staff about their wellbeing, and how we could work with them to do their best.



We made changes within our staff including:



- 3 managers became heads of teams.



- 2 people got new jobs leading groups of people.



- We hired 3 new officers to manage different groups.

# Thank you



Thank you to all of our staff, members, partners and **volunteers** for your hard work this year.

**Volunteers** are people who give their time to help without getting paid for it.



If you would like to read the full Annual Activity Alliance Trustees' Report for 2023 to 2024 you can find it here:

[www.activityalliance.org.uk](http://www.activityalliance.org.uk)

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