Further support

Here is a list of links to other charities and organisations that you may find useful. They all provide information to help make spaces more accessible:

Alzheimer's Society

The Dementia-friendly Sport and Physical Activity Guide details how providers can become dementia-friendly.

Canal and River Trust

Canal and River Trust's Accessibility Map.

Canoe Foundation

New guidance on paddle trails to help paddlers design adventures on water.

Disabled Ramblers

For information on mobility scooters and wheelchair hire for outside events, see the Disabled Ramblers guidance on how to make the countryside more accessible.

Disability Sport Northern Ireland

Our partners in Northern have developed accessible outdoors and place design guidance.

Forestry England

Access information includes the rental of trampers, accessible trails, accessible play areas, accessible cycling, sensory walks, and changing places and facilities.

Guide Dogs

A document with insight from blind and vision-impaired people into the current street design and transport infrastructure.

National Disability Sports Organisations

Provide advice, support and opportunities for people of all ages with specific impairments.

National Governing Bodies of sport (NGBs)

These organisations have their own sport's guidance. More information and a list of NGBs can be found on the Sport England website.

Natural England

The why, what and how of good green infrastructure. Guidance on national standards for green infrastructure quantity and quality.

Paddle UK

Introduction to paddle trails and delivering a paddle trail are useful resources from Paddle UK.

PiPa Play

A social enterprise with the aim of improving inclusive play facilities for children and families across the UK.

Sense

Sense have partnered with Ordnance Survey to help you find sensory walking routes, as well as developed resources to support you to use your senses to connect with nature.

Sensory Trust

Help to create accessible and engaging nature experiences.

Sport England

A guide to dementia-friendly sport and activity.

Sport England Active Design

Active Design sets out how the design of our environments can help people to lead more physically active and healthy lives - it's about helping to create 'active environments'.

Sporting Memories

You may wish to include items in your club or run sessions which support people in reconnecting with memories, the Sporting Memories website offers a range of support with this.

BSI (PAS 6463 document)

Offer a free document to support the design of the built environment to be more inclusive for a neurodiverse society.

This Girl Can

This Girl Can has launched 'Let's Get Out There'. It's a campaign to show that natural environments, from urban parks and canals, to coastal paths and forests, are for all women – so join them in promoting the benefits of getting active outdoors.

