# **User guide**Access for all



disability inclusion sport



#### An accessible welcome





- Value lived experience
- What do people want to know?
- Onsite facilities, services and activity details
- Finding further information and support
- Promoting and advertising



### Travel, transport and journey planning

- Arriving by walking and wheeling
- Arriving by cycle
- Arriving by public transport
- Arriving by vehicle



# Reception, meet and greet points

- Approach and entrance
- Entrance doors
- Internal signage
- Reception points
- Seating
- Promoting access information



# Accessible outdoor spaces



#### **Green and blue spaces**

- Path width and length
- Softer groundW
- Outside lighting
- Outside lighting
- External level changes
- Hazards

- Handrails
- Waterside
- Access and route information



#### **Accessible indoor spaces**



#### Indoor spaces

- Corridors, lobbies and walkways
- Internal doors
- Lifts
- Internal stairs and ramps
- Glazing



### Light, colour and sound

- Finishes
- Visual contrast
- Internal lighting
- Noise control



# Rest, social, relaxation and refreshment areas

- Refreshments
- Quiet/restorative and sensory rooms
- Multi-faith facilities



### Toilets and changing spaces

- Accessible toilets
- Ambulant accessible toilets
- All-gender toilets
- Changing Places toilets
- Shower and changing facilities
- Baby and toddler facilities



## **Emergency arrangements**

- Evacuation
- Making GEEP and PEEP Plans
- First aid



#### **External signage**

Signs and waymarkersTechnology



#### Play, spectating and rest areas

- Play areas
- Viewing areas

and shelter

- External seating
- Terraces and decking





